



**WHERE LEADERS  
ARE MADE**



**TOASTMASTERS**  
**PATHWAYS**  
— learning experience —

**PATHWAYS STARTER PACK**



## WELCOME NEW MEMBER

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Congratulations for taking the first step on your journey to personal and professional growth.

It is a pleasure to have you as the newest member of Parramatta Pioneers. We take pride in providing a safe, respectful, and encouraging environment for you to develop your communication and leadership skills. We all want you to succeed in achieving your goals.



EVERY TOASTMASTERS JOURNEY  
STARTS WITH A SINGLE SPEECH



## WHO WE ARE

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Toastmasters International is a world leader in communication and leadership development. Our organization has more than 352,000 memberships. Members improve their speaking and leadership skills by attending one of the 16,400 clubs in 141 countries that make up our global network of meeting locations.

The world needs leaders. Leaders head families, coach teams, run businesses and mentor others. These leaders must not only accomplish, they must communicate. By regularly giving speeches, gaining feedback, leading teams and guiding others to achieve their goals in a supportive atmosphere, leaders emerge from the Toastmasters program. Every Toastmasters journey begins with a single speech. During their journey, they learn to tell their stories. They listen and answer. They plan and lead. They give feedback—and accept it. Through our community of learners, they find their path to leadership.

### TOASTMASTERS INTERNATIONAL MISSION

We empower individuals to become more effective communicators and leaders.

### DISTRICT MISSION

We build new clubs and support all clubs in achieving excellence.

### CLUB MISSION

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

### TOASTMASTERS INTERNATIONAL CORE VALUES

- Integrity
- Respect
- Service
- Excellence

### TOASTMASTERS INTERNATIONAL ENVISIONED FUTURE

To be the first-choice provider of dynamic, high-value, experiential communication and leadership skills development.



# TOASTMASTERS PATHWAYS

— learning experience —

Embark on a journey of personal and professional development through Pathways, Toastmasters' new education program! Pathways is designed to help you build the skills you need to communicate and lead.

It is comprised of 10 paths that teach more than 300 unique competencies:



As you progress through Pathways, you will:

- Practice and improve your communication and leadership skills.
- Give speeches in your club based on assignments in Pathways.
- Challenge yourself to build and refine certain competencies and skills.
- Complete a range of projects that include persuasive speaking, motivating others, creating a podcast and leading a group in a difficult situation.

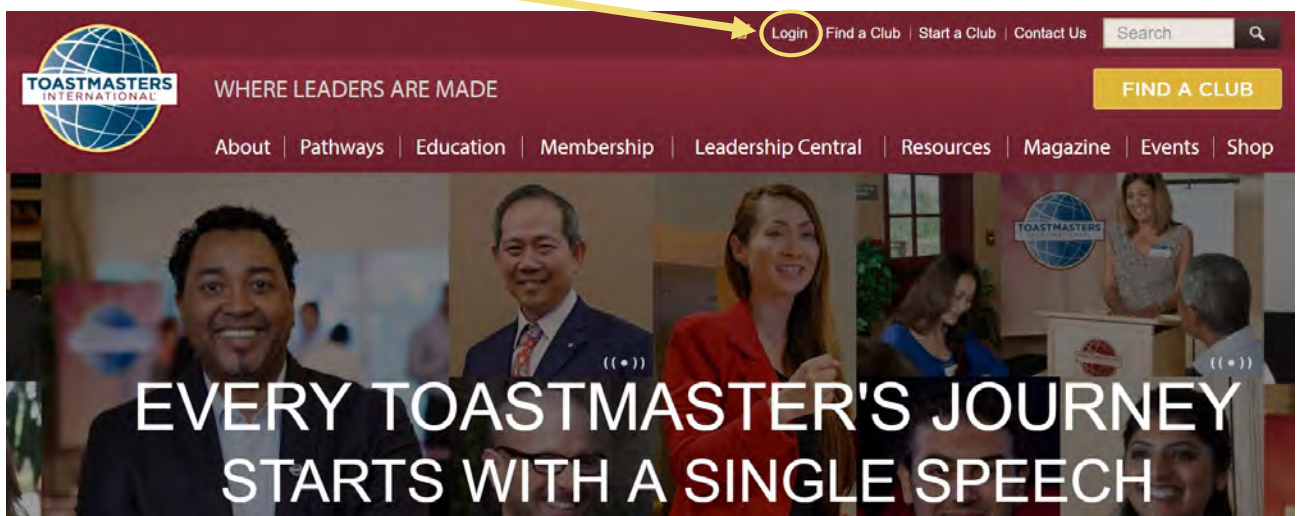
## FIND YOUR PATH

To make the most of Pathways, start by taking the Pathways Assessment online. It will help you choose a path that's right for you. Next, explore Base Camp, where you'll be able to access all of the materials for your learning experience, including your feedback, transcript and printable materials. Here you can track your progress, connect with members from your club and view badges and certificates you'll earn along the way. Enjoy the flexibility of working online or in select print paths on dynamic projects that provide real-world, transferable skills.

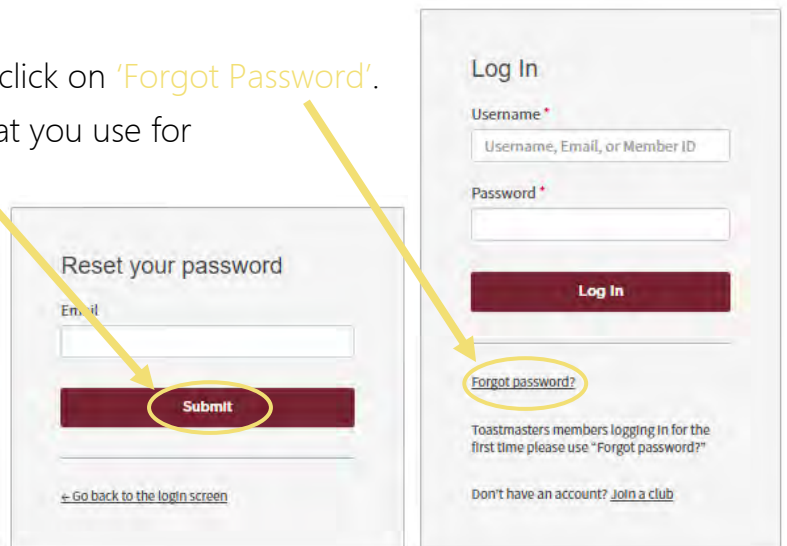


## GETTING YOU STARTED

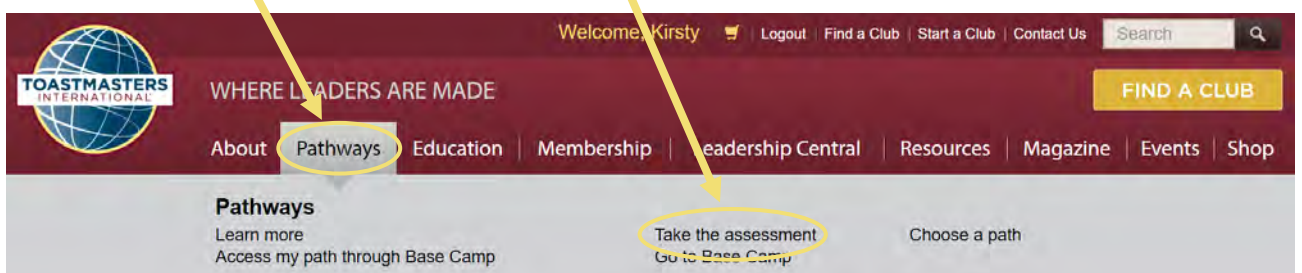
1. Go to: <https://www.toastmasters.org/>
2. Click on **'Login'** towards the top right-hand corner of your page.



3. To get your login password, click on **'Forgot Password'**.
4. Type in the email address that you use for Toastmasters. Click **'Submit'**.  
*An email will be sent to this address for you to reset your password. Login to your personal email and follow the prompts.*
5. Use your new login to get access to Toastmasters International.



6. Click **'Pathways'** and select **'Take the Assessment'**.





## GETTING YOU STARTED — CONTINUED

**Choose your path**  
What are your goals and how will you achieve them? Take the Pathways Assessment to identify the path that best aligns with your interests and objectives.  
Club officers: you can order a path for yourself or a path in printed materials for your members.

Yourself    Another Member

**Continue to Path Selection**

**Access my path through Base Camp**  
Access your path here through Base Camp, your online gateway to Pathways. Base Camp tracks your progress and lets you connect online with other members of your club.  
Select your club:  
Parramatta Pioneers Toastmasters (▼)

**Log In as a Member**

**The Navigator**  
View *The Navigator* to guide you through each step of your journey. Refer to it to support your progress and to answer your questions along the way.

**Launch The Navigator**

7. Click on 'Continue to Path Selection'. Note: Select 'Log in as a Member' when returning to your home page on all other occasions. Use 'The Navigator' to assist as you find your way on the Pathways website.
8. Click on 'Take Your Assessment'.

**Recommended**

**Base Camp**      First path free  
Base Camp is your online gateway to Pathways. Embarking on your Pathways journey through Base Camp is recommended because it offers full access to the Pathways learning experience and includes:

- ▶ 10 paths in English and eight other languages\*
- ▶ Customized path recommendation based on your Pathways Assessment results
- ▶ Engaging videos, interactive activities and quizzes
- ▶ A unique evaluation resource for each project that can be completed and stored electronically
- ▶ Opportunity to earn and give digital badges
- ▶ Ability to share feedback online

\*If you plan to work in a path in any language other than English, it is highly recommended that you use Base Camp. This way, you can choose from all 10 paths as opposed to two.

**Take Your Assessment**

**Printed Materials**      First path free  
(Plus \$25 materials fee)  
Select paths are available in print. Although you will have the resources you need to complete your path, your experience and path options are limited when compared to Base Camp. Choosing printed materials offers only partial access to the Pathways learning experience and includes:

- ▶ Five paths in English
- ▶ Two paths available in eight languages
- ▶ A unique evaluation resource for each project
- ▶ Full-color, professionally bound materials
- ▶ Standard shipping (with applicable fees)

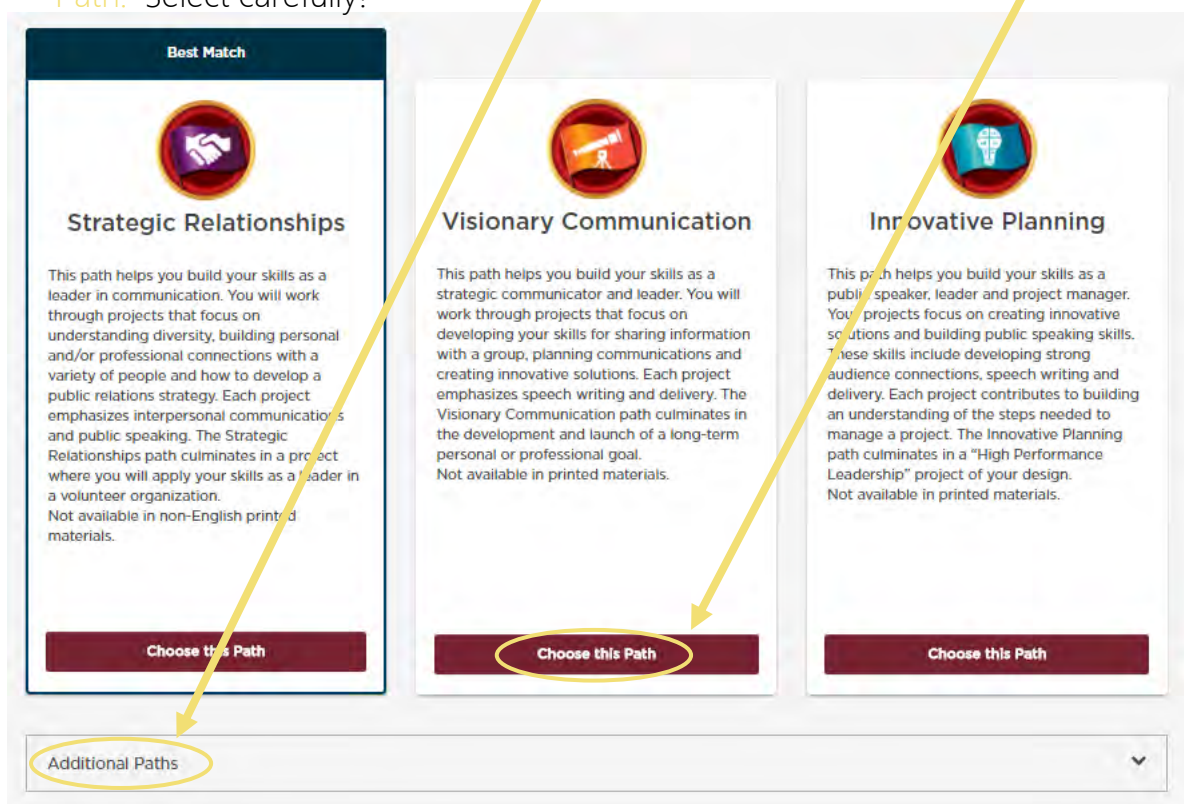
Note: You will not be able to take the Pathways Assessment or have access to your path online.

**Purchase Printed Materials**



## GETTING YOU STARTED — CONTINUED

9. After taking the assessment, there will be 3 recommended paths for you. Read the descriptions and select the path that most appeals to you and your goals. Alternatively, you can also select 'Additional Paths' and find out more about other paths on offer. Once you have decided on your path, select 'Choose this Path.' Select carefully!



10. After choosing a path, select 'Explore Base Camp.' Your path may take a few minutes to load.

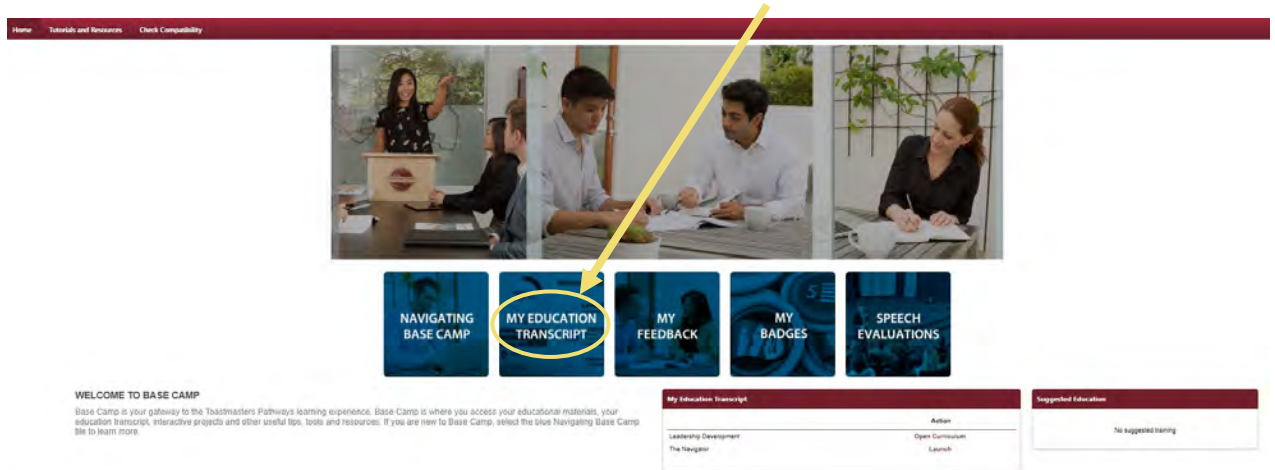


You will find yourself at your homepage of Pathways. Explore the site and become familiar with the different tools and resources available to you.

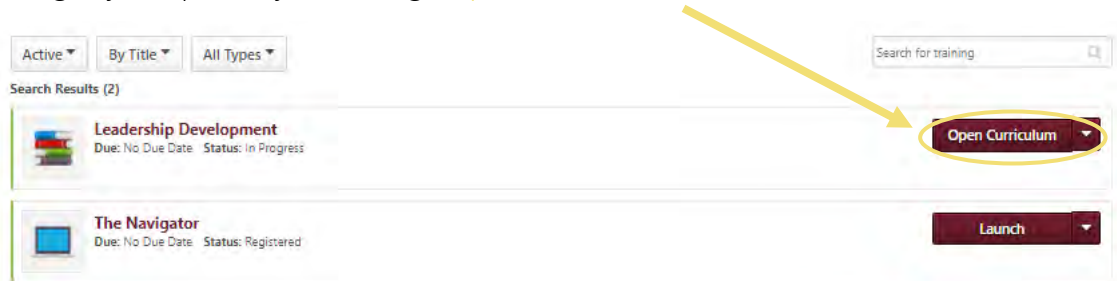


# BEGINNING, COMPLETING AND SAVING YOUR ICEBREAKER

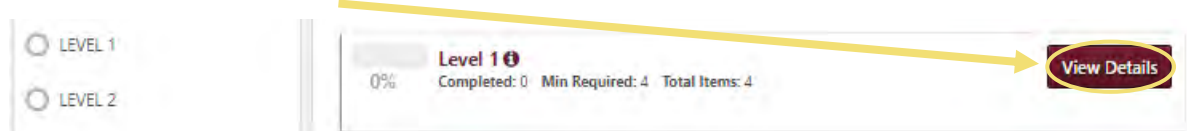
1. Access your Pathways homepage. Select 'My Education Transcript'.



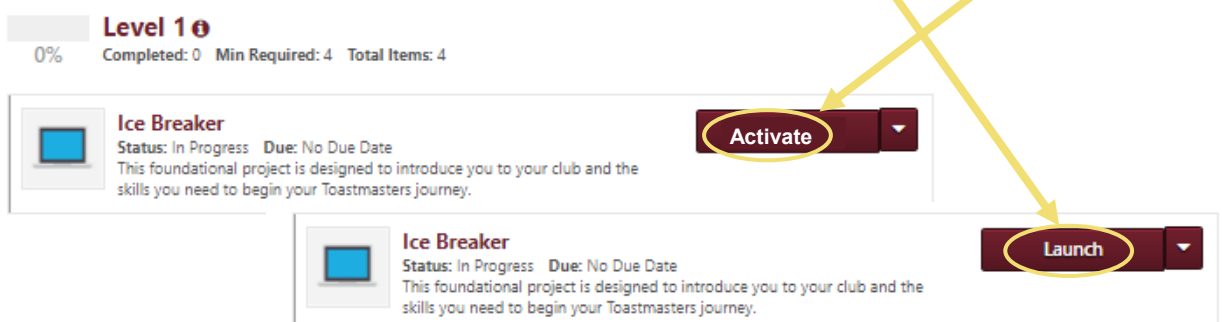
2. After allowing some time for your path to appear in your Education Transcript, begin your path by selecting 'Open Curriculum'.



3. Select 'View Details' for Level 1.



4. As you move through each project of each level, you will need to 'Activate' the project. When ready to begin the project, click 'Launch'. Note: A new internet window will open.

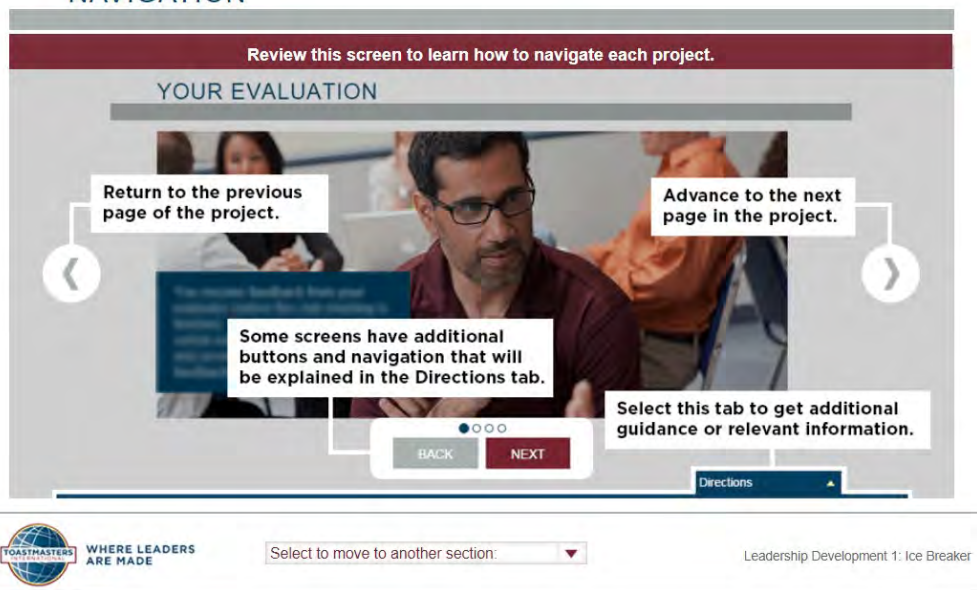




# BEGINNING, COMPLETING AND SAVING YOUR ICEBREAKER — CONTINUED

5. Navigate through the online training for the project. The training holds helpful tips that are worth reading and viewing!

## NAVIGATION



6. Download and print a copy of the 'Evaluation Resource' that will be needed during the club meeting that you present your speech. This can be found within the training for the Ice Breaker project.

## YOUR EVALUATION

5	4	3	2	1
<p>Select the tabs above to review the criteria for the evaluation in this project. Your evaluator will use the following scale:</p> <p>5 Exemplary            4 Excels            3 Accomplished            2 Emerging            1 Developing</p> <p>After your speech, log in to complete the second portion of your self-assessment on the "Assess Your Skills—After" screen.</p>				



### RESOURCES

- [Evaluation Resource](#)
- [Print My Project](#)
- [Ice Breaker Speech Outline Worksheet](#)

## BEGINNING, COMPLETING AND SAVING YOUR ICEBREAKER — CONTINUED

- Organise a speaking spot with your club executive to complete your project. Once you have presented, Launch the project again and complete the 'Assess Your Skills – After' section. Once this is done, your project will be recorded as complete. Congratulations!

### ASSESS YOUR SKILLS—BEFORE

I am confident and calm when speaking in front of groups.

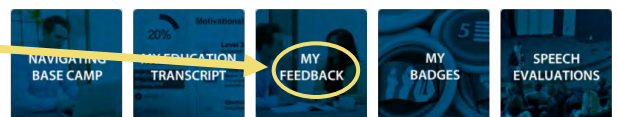
[Directions](#)

**DIRECTIONS**  
Complete this assessment before you begin your assignment. Evaluate your current skill level by rating each statement. Select the appropriate number based on your skills today:

- 1 Developing
- 2 Emerging
- 3 Accomplished
- 4 Excel
- 5 Exemplary

Select Submit when you are finished.

- You can scan and save your evaluations by clicking on 'My Feedback' on your homepage.



- Click on 'E-Portfolio' then 'Documents'.

Base Camp Profile ▾ Feedback Transcript E-portfolio

Home > Kirsty Porter > E-portfolio


### E-portfolio

Store speech evaluations and other documents and view your badges here.

To upload a speech evaluation or document, select Documents and navigate to the folder of your choice. **Visit the Speech Evaluations page** to learn about completing evaluations electronically and storing them in Base Camp. **View the Complete My Assignments Overview tutorial** to learn how to upload documents to Base Camp.


You receive badges when you reach learning milestones, and when other members give you feedback. To view your badges, select Badges. **View the Feedback and Recognition Overview tutorial** to learn more about badges in Toastmasters Pathways.

Documents



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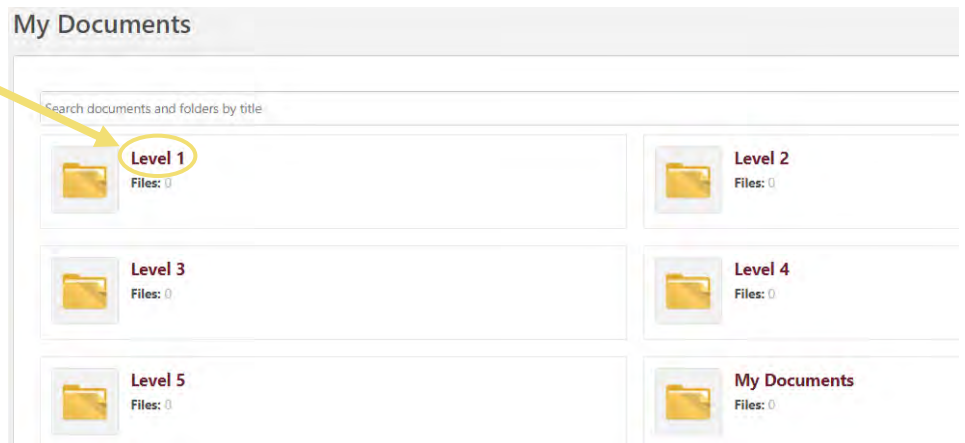
Badges



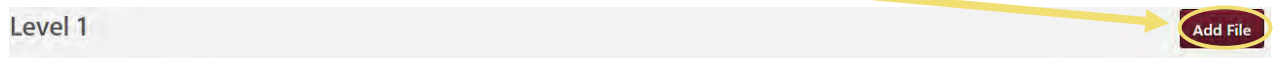
1  
Badge

# BEGINNING, COMPLETING AND SAVING YOUR ICEBREAKER — CONTINUED

10. Select 'Level 1'.



11. Select 'Add File'. You will need to choose the file from the location that you saved your scanned / photographed evaluation.



12. To find the evaluation resources for your future projects, select 'Speech Evaluations'.



# EVALUATION FORM

Ice Breaker

Member Name \_\_\_\_\_ Date \_\_\_\_\_

Evaluator \_\_\_\_\_ Speech Length: 4 – 6 minutes

**Speech Title**

## Purpose Statement

The purpose of this project is for the member to introduce himself or herself to the club and learn the basic structure of a public speech.

## Notes for the Evaluator

This member is completing his or her first speech in Toastmasters. The goal of the evaluation is to give the member an effective evaluation of his or her speech and delivery style. Because the "Ice Breaker" is the first project a member completes, you may choose to use only the notes section and not the numerical score.

## General Comments

You excelled at:

You may want to work on:

To challenge yourself:



## EVALUATION FORM – Ice Breaker

For the evaluator: In addition to your verbal evaluation, please complete this form.

5	4	3	2	1	
EXEMPLARY	EXCELS	ACCOMPLISHED	EMERGING	DEVELOPING	
<b>Clarity:</b> Spoken language is clear and is easily understood					Comment:
5	4	3	2	1	
<b>Vocal Variety:</b> Uses tone, speed, and volume as tools					Comment:
5	4	3	2	1	
<b>Eye Contact:</b> Effectively uses eye contact to engage audience					Comment:
5	4	3	2	1	
<b>Gestures:</b> Uses physical gestures effectively					Comment:
5	4	3	2	1	
<b>Audience Awareness:</b> Demonstrates awareness of audience engagement and needs					Comment:
5	4	3	2	1	
<b>Comfort Level:</b> Appears comfortable with the audience					Comment:
5	4	3	2	1	
<b>Interest:</b> Engages audience with interesting, well-constructed content					Comment:
5	4	3	2	1	

# EVALUATION CRITERIA

## Ice Breaker

This criteria lists the specific goals and expectations for the speech. Please review each level to help you complete the evaluation.

### Clarity

- 5 – Is an exemplary public speaker who is always understood
- 4 – Excels at communicating using the spoken word
- 3 – Spoken language is clear and is easily understood
- 2 – Spoken language is somewhat unclear or challenging to understand
- 1 – Spoken language is unclear or not easily understood

### Vocal Variety

- 5 – Uses the tools of tone, speed, and volume to perfection
- 4 – Excels at using tone, speed, and volume as tools
- 3 – Uses tone, speed, and volume as tools
- 2 – Use of tone, speed, and volume requires further practice
- 1 – Ineffective use of tone, speed, and volume

### Eye Contact

- 5 – Uses eye contact to convey emotion and elicit response
- 4 – Uses eye contact to gauge audience reaction and response
- 3 – Effectively uses eye contact to engage audience
- 2 – Eye contact with audience needs improvement
- 1 – Makes little or no eye contact with audience

### Gestures

- 5 – Fully integrates physical gestures with content to deliver an exemplary speech
- 4 – Uses physical gestures as a tool to enhance speech
- 3 – Uses physical gestures effectively
- 2 – Uses somewhat distracting or limited gestures
- 1 – Uses very distracting gestures or no gestures

### Audience Awareness

- 5 – Engages audience completely and anticipates audience needs
- 4 – Is fully aware of audience engagement/needs and responds effectively
- 3 – Demonstrates awareness of audience engagement and needs
- 2 – Audience engagement or awareness of audience requires further practice
- 1 – Makes little or no attempt to engage audience or meet audience needs

### Comfort Level

- 5 – Appears completely self-assured with the audience
- 4 – Appears fully at ease with the audience
- 3 – Appears comfortable with the audience
- 2 – Appears uncomfortable with the audience
- 1 – Appears highly uncomfortable with the audience

### Interest

- 5 – Fully engages audience with exemplary, well-constructed content
- 4 – Engages audience with highly compelling, well-constructed content
- 3 – Engages audience with interesting, well-constructed content
- 2 – Content is interesting but not well-constructed or is well-constructed but not interesting
- 1 – Content is neither interesting nor well-constructed

